

KS1 PSHE Long Term Plan using Jigsaw

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit	Being Me in My World	Celebrating Difference	Dreams & Goals	Healthy Me	Relationships	Changing Me
Year A	Year 1 Unit	Year 2 Unit	Year 1 Unit	Year 2 Unit	Year 1 Unit	Year 2 Unit
Year B	Year 2 Unit	Year 1 Unit	Year 2 Unit	Year 1 Unit	Year 2 Unit	Year 1 Unit
Ongoing skills	Taking turns to speak Using kind, positive words; giving compliments Active listening Respecting privacy					
Outcomes	Create a class learning charter	Hall of fame display	Garden of dreams and goals	The healthy, happy me recipe book	The relationship fiesta	Tree of change display

Year 1 Key Learning	I understand my rights and responsibilities of being a member of my class.	I can tell you some ways I am different from my friends	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it	I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy	I can tell you why I appreciate someone who is special to me	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina
	I can recognise the range of feelings when I face certain consequences.	I understand these differences make us all special and unique	I know how to store the feelings of success in my internal treasure chest	I can recognise how being healthy helps me to feel happy	I can express how I feel about them	I respect my body and understand which parts are private

<p>Year 2 Key Learning</p>	<p>I understand the rights and responsibilities for being a member of my class and school.</p> <p>I understand why there are rewards and consequences.</p>	<p>I can identify some ways in which my friend is different from me I can tell you why I value this difference about him/her I can explain some of the ways I worked cooperatively in my group to create the end product</p> <p>I can express how it felt to be working as part of this group</p>	<p>I can explain some of the ways I worked cooperatively in my group to create the end product</p> <p>I can express how it felt to be working as part of this group</p>	<p>I can make some healthy snacks and explain why they are good for my body</p> <p>I can express how it feels to share healthy food with my friends</p>	<p>I can identify some of the things that cause conflict between me and my friends</p> <p>I can demonstrate how to use the positive problem solving technique to resolve conflicts with my friends</p>	<p>I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of my body are private</p> <p>I can tell you what I like/don't like about being a boy/girl</p>
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